

CIVIL WAR

9 Apr 1865
12 Apr 1861 - 26 May 1865

MURRAY, GEORGE (MCMURRAY)
WRIGHT, JOHN
BOGAN, WILLIAM (BILLY)

BROWN, JOHN
FORBES, JOSEPH BARLOW
GOODWIN, JOHN ROBERT
GORDON, ELI
HOWE, JAMES JACKSON
JACKSON, JAMES MARSHALL
JOHNSTON, FRANCIS

MCGUIRE, PATRICK HENRY
MATTHEWS, JOHN
PENFOLD, JOHN
SPRINGER, NATHAN CHATMOND
WHEELER, JOHN MONROE

INSTRUCTIONS FOR YOUR BOWEL PREPARATION WITH FLEET® PHOSPHO®-SODA

**READ CAREFULLY - DO NOT EXCEED RECOMMENDED DOSAGE
AS SERIOUS SIDE EFFECTS MAY OCCUR.**

**Follow the steps for the Prep as listed below, or as prescribed by your physician on the back.
If you are taking medication (including aspirin or aspirin-containing products), consult your
physician for additional instruction before beginning this procedure.**

2 DAYS BEFORE EXAM:

Obtain 3 fl. oz. of Fleet Phospho-soda (Ginger-Lemon Flavor or Unflavored) from your physician or pharmacy. The recommended dosage is one (1) 3 fl. oz. bottle OR two (2) 1½ fl. oz. bottles of Fleet Phospho-soda. Do not exceed the recommended dosage given in these instructions, as serious side effects may occur.

Fleet

Phospho-soda
buffered oral
saline laxative

GINGER-LEMON FLAVOR

For relief of
occasional constipation
and bowel cleansing



DAY BEFORE EXAM:

Drink **only clear liquids** for breakfast, lunch, and dinner. Solid foods, milk or milk products are **not** allowed. **Clear liquids** include all of the following that are **not colored red or purple**: strained fruit juices without pulp (apple, white grape, lemonade), water, clear broth or bouillon, coffee or tea (without milk or nondairy creamer), Gatorade®, carbonated and noncarbonated soft drinks, Kool-Aide® (or other fruit flavored drinks), plain Jello® (without added fruit or toppings), and ice Popsicles®.

Prep Schedule

- ☐ Breakfast - have only *clear liquids*.
- ☐ Lunch - have only *clear liquids*.
- ☐ Dinner - have only *clear liquids*.
- ☐ 7:00 PM: Add 1½ fl. oz. (3 tablespoonfuls; use measuring spoons, not tableware) of Fleet Phospho-soda to one-half glass (4 fl. oz.) of cold *clear liquid* and drink. Follow immediately with 8 fl. oz. of *clear liquid*. Individual responses to laxatives vary. This prep often works within 30 minutes but may take as long as 3 hours. Remain close to toilet facilities as multiple bowel movements may occur.

Before midnight, drink at least three (3) additional glasses of *clear liquids*:

- ☐ Drink 8 fl. oz. of *clear liquids*.
- ☐ Drink 8 fl. oz. of *clear liquids*.
- ☐ Drink 8 fl. oz. of *clear liquids*.

Nothing to eat or drink after midnight.

DAY OF EXAM:

- ☐ 6:00 AM (OR 3 HOURS BEFORE YOU LEAVE FOR YOUR EXAM): Add 1½ fl. oz. (3 tablespoonfuls, use measuring spoons, not tableware) of Fleet Phospho-soda to one-half glass (4 fl. oz.) of cold *clear liquid* and drink. Follow immediately with 8 fl. oz. of *clear liquid*. Reminder: remain close to toilet facilities.